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YES, YOU CAN DRINK IN UTAH!

Posted by [Jennifer Gaines](#), Mar 19, 2010



On the first night of my recent [Utah ski trip](#), my local guide raised a glass to propose this toast: *Here's to a week of great skiing and proving that you really can get a drink in Utah!*

It didn't take much to prove that point. Outings to restaurants with extravagant wine lists, après ski taverns and local distilleries all did their part to debunk the myth of strict drinking laws in Utah.

Because a good stereotype is meant to be squashed, I'm passing along my very scientific research findings to you: a collection of spots to throw one back in the not-so-dry state! The qualifications for my list are simple. It has to come recommended by a local, and it has to serve intoxicating libations.

For a phenomenal foodie experiences and equally fabulous wine lists, try these upscale restaurants:

- [Log Haven in Millcreek Canyon](#): Perhaps my favorite dining experience on the entire trip, Log Haven is cozy, elegant and very romantic! Try the bison filet over fried brussel sprouts, and ask the waiter for a wine recommendation.
- [Talisker on Main in Park City](#): This place is just cool. It's Talisker's first public restaurant - you have to be a member to enjoy the others. The location on historic Main Street is perfect for experiencing downtown, and the food is absolutely fantastic. Try the elk tenderloin with the wine pairing option.

If après ski is your thing (and how could it not be!), try these spots:

- [The Corner Store at Park City Mountain Resort](#): This place is hopping. Live bands, PBR 24-ouncers and waffle fries tend to attract the younger ski crowd.
- [Molly Greens at Brighton](#): You can literally ski right down to this place. Brighton is known as being a local's choice, and Molly Greens is the place to be after a day on the slopes!

If you want to go where the locals go, try these:

- [High West Distillery & Saloon](#): It's a newcomer to Park City, but it's already won over the locals. Even the [Roaming Gnome has been here!](#) High West is Utah's first distillery since the 1870s, and they make one potent cocktail.
- [Gracie's in Salt Lake City](#): It's one of the favorite hot spots for locals in the city and has a beautiful view of downtown and the Wasatch Mountains. Go there for specialty cocktails and live music almost every night of the week!
- [Squatters in Salt Lake City](#): With their very own microbrewery, this is a great spot to try some local beers. They're big on sustainability, so all their ingredients are fresh and local.

Cheers!

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- A noise machine or soft music.
- A hot cup of tea or bedtime snack.
- A warm bath before bed.
- Lavendar oil or a sleep mask.

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